Swain County Community Resources:

Swain County History:  [http://www.swaincountync.gov/history.html](http://www.swaincountync.gov/history.html)
Swain County Genealogy Society:  [http://swaingenealogy.com](http://swaingenealogy.com)
Swain County Quick Facts:  [http://quickfacts.census.gov/qfd/states/37/37173.html](http://quickfacts.census.gov/qfd/states/37/37173.html)
Swain County Vital Statistics:  [http://www.schs.state.nc.us/SCHS/data/vitalstats.cfm](http://www.schs.state.nc.us/SCHS/data/vitalstats.cfm)

Swain County Health Department:  [http://www.swaincountync.gov/health.html](http://www.swaincountync.gov/health.html)
Swain County Hospital:  [http://www.westcare.org/locations/swain/medwest-swain.aspx](http://www.westcare.org/locations/swain/medwest-swain.aspx)
Swain Medical Center:  [http://www.swainmedicalcenter.info/](http://www.swainmedicalcenter.info/)
Mountain View Manor:  [http://mountainviewmanor.biz/](http://mountainviewmanor.biz/)
Cornerstone Living Center:  314 Hughes Branch Road, Bryson City, NC 28713 – 828.488.2870

Swain County Chamber of Commerce:  [http://www.greatsmokies.com/](http://www.greatsmokies.com/)
Swain County Family Resource Center:  100 Brendle Street, Bryson City, NC – 828.488.7505
Swain County Department of Social Services:  [http://www.swaincountydss.org/](http://www.swaincountydss.org/)
Swain/Qualla SAFE (Domestic Violence Crisis Center) 828-488-6809
Swain County Cooperative Extension:  [http://swain.ces.ncsu.edu/](http://swain.ces.ncsu.edu/)
Fontana Regional Library:  [http://www.fontanalib.org/](http://www.fontanalib.org/)
Swain County Sheriff’s Department:  [http://www.swaincountync.gov/sheriff.html](http://www.swaincountync.gov/sheriff.html)
Swain County Senior Center – 125 Brendle Street, Bryson City, NC 28713 - 828.488-3047
Smoky Mountain Center:  [http://smokymountaincenter.com/](http://smokymountaincenter.com/)
NC 2-1-1 -  [http://www.unitedwaync.org/nc-2-1-1](http://www.unitedwaync.org/nc-2-1-1)
Great Smoky Mountains Railroad:  [http://www.gsmr.com/](http://www.gsmr.com/)
Nantahala Outdoor Center:  [http://www.noc.com/](http://www.noc.com/)
Great Smoky Mountains National Park:  [http://www.nps.gov/grsm/planyourvisit/events.htm](http://www.nps.gov/grsm/planyourvisit/events.htm)
Swain County Recreation Department:  [http://www.swaincountync.gov/recreation.html](http://www.swaincountync.gov/recreation.html)
Cherokee Life Fitness Center -  [http://nc-choerokee.com/cherokeelifecenter](http://nc-choerokee.com/cherokeelifecenter)

Swain County Schools Administration:  [http://www.swain.k12.nc.us/administration.aspx](http://www.swain.k12.nc.us/administration.aspx)
West Elementary School:  [http://www.swain.k12.nc.us/west](http://www.swain.k12.nc.us/west)
East Elementary School:  [http://www.swain.k12.nc.us/east](http://www.swain.k12.nc.us/east)
Swain County Middle School:  [http://www.swain.k12.nc.us/middle](http://www.swain.k12.nc.us/middle)
General Health Information and Statistics:

Centers for Disease Control and Prevention (CDC):  www.cdc.gov
United States Department of Health and Human Services:  http://www.hhs.gov/  
North Carolina Department of Health and Human Services:  http://www.ncdhhs.gov/  
American Academy of Pediatrics:  http://www.aap.org
World Health Organization:  www.who.int/en/  
NC State Center for Health Statistics:  www.schs.state.nc.us/SCHS/  
American Cancer Society:  www.cancer.org
US Census Bureau:  www.census.gov  
North Carolina Division of Public Health www.publichealth.nc.gov
Epidemiology in North Carolina:  http://www.epi.state.nc.us/epi/  
NC Office of Minority Health and Health Disparities:  http://www.ncminorityhealth.org/  
Public Health Preparedness and Response:  http://www.epi.state.nc.us/epi/phpr/  
Health Check:  http://www.ncdhhs.gov/dma/healthcheck/  
CDC Flu Information:  http://www.cdc.gov/features/flu/

Research:

Kaiser Family Foundation:  http://kff.org/  
USDHHS – Agency for Health Care Research and Quality:  http://www.ahcpr.gov
MAHEC Health Services Library:  http://www.mahec.net/library

Health Departments:

NC Health Departments (by county):  http://www.ncalhd.org/county

Government Regulations, Laws, etc.

Government Bill Tracking:  http://www.govtrack.us/  
NC Legislature:  www.ncleg.net
North Carolina General Statutes:  http://www.ncga.state.nc.us/gascripts/statutes/Statutes.asp

Nutrition:

Food & Drug Administration:  http://www.fda.gov/  
Food and Nutrition Information Center:  Resource list:  http://www.nal.usda.gov
NC East Smart Move More State Health Promotion:  www.eatsmartmovemorenc.com
Dole Nutrition:  www.dole.com
Every Woman North Carolina:  http://everywomannc.com/  
American Diabetes Association  www.diabetes.org
Choose My Plate (USDA):  http://www.choosemyplate.gov/
Lung and Heart Health:
American Heart Association: http://www.americanheart.org
American Lung Association: www.lungusa.org
Smoke Free North Carolina: http://tobaccopreventionandcontrol.ncdhhs.gov/smokefreenc/

Drugs and Alcohol:
North Carolina Substance Abuse Professional Practice Board (NCSAPPB): http://www.ncsappb.org/
Alcohol/Drug Council of North Carolina: http://www.alcoholdrughelp.org/
Kids Health (For Parents, Kids and Teens): http://kidshealth.org/teen/index.jsp?tracking=T_Home
Substance Abuse and Mental Health Services Administration: http://store.samhsa.gov/home
Tobacco Reality Unfiltered: www.realityunfiltered.com
NC Quitline: www.quitnownc.org
NC Tobacco Free Schools: www.nctobaccofreeschools.com
You Decide: www.alcoholscreening.org

Safety:

Maternity Information:
March of Dimes: www.marchofdimes.com
Childbirth Connection: www.childbirthconnection.com
Lamaze International: www.lamaze.org
North Carolina Healthy Start: http://www.nchealthystart.org/

Sexual Health:
National Campaign to Prevent Teen and Unplanned Pregnancy: www.teenpregnancy.org
Adolescent Pregnancy Prevention Campaign of North Carolina: http://www.appcnc.org/
Planned Parenthood: http://www.plannedparenthood.org
AIDS & HIV information from the AIDS charity: www.avert.org
Association of Reproductive Health Professionals: http://www.arhp.org
Centers for Disease Control and Prevention (CDC): http://www.cdc.gov/sexualhealth/
HIV Testing Sites: www.hivtest.org
I Know HIV/AIDS: http://www.iknowhiv.org/